

2009 Xelias Fall Classes
Registration Form
please write clearly

Student name & age _____

Class (Time & Day) _____

Parent(s) name(s) _____

Address _____

City/State/ Zip _____

Phone _____

E-mail _____

Emergency Contact Information

Name _____

Phone _____

Special needs or requests _____

To Register

Mail your **FULL TUITION** and completed form to:

Xelias Aerial Arts Studio
1121 Jackson St. NE
Minneapolis, MN 55413

**Student will be charged a \$25 late fee if
payment is made after 1st week of class.**

XELIAS AERIAL ARTS STUDIO
1121 JACKSON ST. NE
MINNEAPOLIS, MN 55413



XELIAS

AERIAL ARTS STUDIO

**FALL
SCHEDULE**

2009

SEPT 14 TO NOV 20

**1121 JACKSON ST. NE
MINNEAPOLIS, MN 55413**

612-353-6406

NEW TELEPHONE NUMBER

watchhumansfly.com

Jamey Guy Photo

**CIRCUS SESSION
CLASS DESCRIPTION**

An intense and individualized circus experience in a nurturing and healthy atmosphere

Learn Trapeze, Spanish Web, Tissu, Chinese Pole, Hoops/Lyra Acrobatics and Body Balancing

Jamey Guy Photo

Xelias Aerial Arts classes include stretching, strength conditioning, and aerial skills. Students learn tumbling to build a base for partner acrobatics and aerial skills. Beginning on trapeze, students learn a progression of skills and at their own pace add other aerial apparatus (lyra, Spanish web, rope, tissu/fabric) as skills advance.

Age guidelines are in place so our coaches can put into practice age-appropriate teaching methods. However, Xelias Aerial Arts does not place restrictions on the possibilities a student can experience.

Xelias Aerial Arts coaches are committed to treating students as individuals and in creating a nurturing and healthy class atmosphere.

Mission Statement

Xelias Aerial Arts recognizes each individual's raw talent and uses it as a base to build confidence, courage and strength through circus training. Through the teaching and performing of circus arts, we help students develop the life skills of teamwork, discipline, perseverance and artistic athleticism. In doing so, we nurture our students and keep the integrity and appreciation for the circus arts alive.

**10 Week Fall Session
Starts Sept 14 – Nov 20**



Jamey Guy Photo

****LEVEL 1 Introductory Skills
LEVEL 2-3 Returning Students**

** Please note that classes are structured to be taken several times before advancing to the next level to ensure strong technique.

Monday

11:00-12:30	Adults	All Levels
12:30-1:30	Ages 5-17	Home School
4:30-5:30	Ages 5-7	Level 1
5:30-6:30	Ages 8-12	Level 2
6:30-7:30	Ages 12 & Up	Level 1-2
7:30-8:30	Adults	All Levels

Tuesday

3:30-4:30	Ages 3 & 4	Independent
4:30-5:30	Ages 10 & Up	Clowning
5:30-7:30	Invitation of Instructors	
7:30-8:30	13 & Up	OPEN GYM
	\$5 per – Current Students only	

Wednesday

5:00-6:00	Ages 8-12	Level 1-2
6:00-7:00	Invitational Adult & Youth	Level 2 Tissu
6:00-7:00	Ages 10-18	Chinese Pole
7:00-8:00	Adults	All Levels

Thursday

4:30-5:30	Ages 7-11	Level 1-2
5:30-6:30	Ages 13-17	Level 2
6:30-7:30	Adults	All Levels

Xelias Aerial Arts Studio does not discriminate on the basis of race, ethnic origin, gender, age or sexual orientation in the process of admitting and training students or in engaging employees or volunteers.



**Note New Phone #
Call 612-353-6406
for additional information
go to our website at:
watchhumansfly.com**

Jamey Guy Photo

COST

**\$170 for 10 week 1 Hour Class
\$250 for 10 week 1½ Hour Class**

**Private Classes Available
\$45 for 1/2 hour
\$80 for one hour**

**\$20 Yearly Registration Fee
Per Family**



**Fall Session Dates
Sept 14th to Nov 20th
(10 weeks @ \$170)**

**Fall Student Showcase
November 21st to 22nd**

Jamey Guy Photo